

## Work and Wellbeing Conference

On 20<sup>th</sup> October 2010

At **Unilever House, 100 Victoria Embankment, London EC4Y 0DY**

Sponsored by SAGE and Unilever PLC, a major day conference for employers, operations managers, HR professionals and the academic community on current issues in work and wellbeing, viewed over the course of the traditional working life, from both employer and employee perspectives.

Good health enables human flourishing and fulfilment. Given the amount of time spent at work, the workplace is central to physical and psychological health, as well as life satisfaction. As the costs of ill health continue to rise, workplace health has become an issue that employers can no longer afford to ignore.

This conference brings together all the latest thinking on current issues in work and wellbeing, from both academic and practitioner perspectives.

### Programme

10.00 Registration and Coffee

10.30 Welcome to the conference - *Stephen Anderson, Executive Director, Academy of Social Sciences*

Chair for the day: **Professor Philip Dewe**, Vice Master, Birkbeck College

10:40 **The importance of the Health and Well Being Agenda – An Overview of the link between Work and Health** : **Professor Cary L Cooper CBE AcSS**, Chair of Council, Academy of Social Sciences and Pro Vice Chancellor (External Relations) and Distinguished Professor of Organizational Psychology and Health, Lancaster University

11.10 **Workplace Health and the Law – Current Issues** : **Simon Ost**, Partner, *Employment Practice, Hammonds LLP, Manchester*

11.40 Refreshment Break

12.00 **The Organisational Costs of Mental Ill Health** : **Mike Parsonage**, Senior Policy Advisor, *Sainsbury Centre for Mental Health, London*

12.30 **The Issue of Bullying in the Workplace** : **Professor Charlotte Rayner**, Professor of Human Resource Management, *Portsmouth Business School, University of Portsmouth*

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13.00 Lunch

14.00 **What people want from work – the changing needs and attitudes to work at different life stages** : **Professor Susan Cartwright**, *Professor of Organizational Psychology and Well Being, Director of Centre for Organizational Health and Well-Being, Lancaster University*

14.30 **The Value of Older Workers** : **Mr David Fairhurst**, *Senior Vice President, Chief People Officer, McDonald's UK & Northern Europe*

15.00 **Health Promotion in the Workplace** : **Dr John Cooper**, *Head of Corporate Occupational Health, Unilever PLC*

15.30 **Health and Worklessness** : **Professor Dame Carol Black DBE, FRCP, FMedSci.** *Director for Health and Work, DWP, Chair of the Academy of Medical Royal Colleges and Chair of the Nuffield Trust*

16.00 Discussion

16:30 Close & Tea

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